



Charter Oak Endodontics
Specialist in Endodontic Treatment

Post- Treatment Care

After root canal treatment, your mouth will be sore. This is normal and expected. Please do the following to help your body heal:

1. Take 600 mg Ibuprofen every 6 hours today and tomorrow. Alternative: 500 mg Acetaminophen every 5 hours.
2. If prescribed antibiotics, please take as instructed.
3. Rinse with warm salt water twice daily today and tomorrow.
4. Avoid chewing on the tooth today and tomorrow.

There will be a follow-up call to check your progress. Please check that the number we have on file is current. If you have concerns after-hours, the contact number for Dr. Griffin is 615-339-6592.

Again, thank you for allowing us to provide your dental care. God Bless.